## **Revolutionary Leader:**

## How to lead Authentically in a world set up for you to Follow

Standard length: 45 minutes + 10 min Q&A);

The number one regret of the dying isn't about missed promotions or untraveled roads, it's "I wish I had the courage to live a life true to myself, not the life others expected of me."

Research from Harvard Public Health underscores the consequences of suppressing our emotions—individuals who do so are **30% more likely to experience premature death** and **70% more likely to be diagnosed with cancer**. The cost of inauthenticity is not just emotional, it's life-altering.

Shereen Thor, a dynamic keynote speaker, is on a mission to help audiences break free from expectations, reclaim their joy, and step boldly into their most authentic lives. In this transformative talk, she will guide your audience to:

- Strengthen their leadership instincts and cultivate greater confidence
- Reignite their vision and take meaningful, aligned action
- Navigate fear with resilience and embrace personal growth
- ✓ Transform burnout into renewed energy and purpose
- Step into a life of fulfillment and extraordinary impact

Ideal for audiences navigating change, battling burnout, or craving inspiration, this keynote isn't just a talk—it's a wake-up call. After Shereen speaks, your audience won't just feel motivated; they'll feel ready to revolutionize their lives.